



PRACTICE SET
End Semester Examination, Dec 2025

Program: BPT

Semester: V

Subject: Character Building and Holistic Development of Personality III (Universal Human Values and Ethics)

Subject Code: 23AVAC301

COURSE OUTCOME

On completion of the Course, the students will be able to:

CO1: Understand the importance of Indian cultural values.

CO2: Learn to adapt, protect and preserve values and ethics.

CO3: Become a responsible citizen for serving the mankind.

CO4: Develop one's personality holistically in a balanced manner.

Very short answer question: (Questions from All 4 units) words limit: 50 words

Section – I [Total Marks: 10] (10ques * 1 mark each=10 marks)

Unit-1

1. Define the meaning of personality development? (CO4 LOT REMEMBER)
2. Name any one constituent element of personality. (CO4 LOT REMEMBER)
3. Discuss the term *Panchakosha* in brief? (CO1 LOT UNDERSTAND)
4. State one benefit of developing all the *Panchakoshas* completely. (CO1 LOT UNDERSTAND)

Unit-2

5. Describe the term 'non-possession'? (CO1 LOT REMEMBER)
6. Define the term *self-restraint*. (CO2 LOT REMEMBER)
7. Discuss what does *non-stealing* signify? (CO1 LOT REMEMBER)
8. Mention one value that encourages respect for oneself. (CO2 LOT REMEMBER)

Unit-3

9. What is meant by *discipline* in social life? (CO1 LOT UNDERSTAND)
10. Define *altruism* or *charity*. (CO2 LOT UNDERSTAND)
11. What does *Sarva-Pantha Samaan* signify? (CO3 LOT UNDERSTAND)
12. Name any one directive principle of state policy mentioned in the Indian Constitution. (CO3 LOT REMEMBER)

Unit-4

13. Define the term *Swadeshi*? (CO1 LOT UNDERSTAND)
14. Mention one value that promotes *national unity*. (CO2 LOT REMEMBER)
15. Discuss the concept *Vasudhaiva Kutumbakam* in brief? (CO4 LOT UNDERSTAND)
16. Name any one value that encourages *environmental protection*. (CO4 LOT REMEMBER)

Short Answer (from first three Units) word limit: 150 words

Section-II (18 Marks) (6ques * 3marks each=18)

Unit-I

17. Define personality development. Explain its meaning and concept in brief. (CO1 BTL LOT UNDERSTAND)
18. List and describe the constituent elements of personality. (CO1 BTL LOT REMEMBER)
19. What do you understand by the term *Panchakosha*? Briefly explain its five layers. (CO1 BTL LOT REMEMBER)

Unit - II

20. List any four key values that strengthen family relationships and briefly explain each. (CO2 BTL LOT REMEMBER)
21. What do you understand by *respectful salutation* and *obedience*? How do they reflect good family values? (CO2 BTL LOT UNDERSTAND)
22. Explain the significance of patience, contentment, and hospitality in creating a peaceful family environment. (CO2 BTL LOT UNDERSTAND)

Unit- III

23. Define discipline and explain its importance in maintaining order and harmony in society. (CO3 BTL LOT UNDERSTAND)
24. State all the fundamental duties of citizens as stated in the Indian Constitution? Discuss any 4 of them in details. (CO3 BTL LOT REMEMBER)
25. Define the term 'social equality'? How is it ensured through the Indian Constitution? (CO3 BTL LOT UNDERSTAND)

Short Answer (from first three Units) word limit: 200 words

Section-III (8 Marks) (2 ques * 4marks each=8 marks)

Unit-I

26. Discuss in detail the meaning and concept of personality development. How do the constituent elements of personality contribute to shaping an individual's overall growth? Illustrate with examples. (CO1 BTL HOT ANALYSE)
27. Discuss *Panchakosha* according to Indian philosophy? Describe its five layers in detail and analyze their interrelationship in the development of human personality. (CO3 BTL HOT ANALYSE)
28. Discuss the benefits of developing all the *Panchakoshas* completely. How does imbalance or underdevelopment in any of the layers affect the mental, physical, and spiritual health of an individual? (CO1 BTL HOT ANALYSE)

Unit - II

29. Discuss the importance of self-restraint and non-possession in shaping an individual's moral and spiritual growth. How do these values contribute to inner peace and contentment? CO2 BTL HOT ANALYSE
30. Examine how the practice of self-study and silence can lead to self-awareness and personal transformation. Support your answer with suitable examples. CO2 BTL HOT ANALYSE
31. "Self-respect and reticence reflect the strength of character." Analyze this statement in the context of personal and social conduct. CO2 BTL HOT ANALYSE

Unit-III

32. Discuss how discipline, social responsibility, and altruism together contribute to the creation of a harmonious and progressive society. Support your answer with examples. (CO3 BTL HOT ANALYSE)

33. Explain how the values enshrined in the Indian Constitution—such as justice, equality, and freedom—serve as guiding principles for a democratic society. Illustrate your answer with examples. (CO3 BTL HOT EVALUATE)
34. “Sarva-Pantha Samman and scientific approach are essential for sustaining democracy and national integrity.” Analyze this statement with reference to constitutional and social values. (CO3 BTL HOT ANALYSE)

Short Essay Writing [Questions only Unit 4] Word Limit: 300

Section-IV (14 Marks)

35. ‘The concept of *Swadeshi* contributes to nation-building in the modern globalized world.’ Justify. (CO4 BTL-HOT ANALYSE)
36. Examine the role of patriotism and integrity in preserving the unity and diversity of India. (CO4 BTL-HOT ANALYSE)
37. Evaluate how spirituality influences social harmony and public welfare in Indian culture. (CO4 BTL-HOT EVALUATE)
38. In what ways can the preservation of the mother tongue strengthen national identity and cultural integrity? (CO4 BTL-HOT ANALYSE)
39. Explain how the idea of *Vasudhaiva Kutumbakam* promotes global peace and cooperation in today’s world. (CO4 BTL-HOT ANALYSE)
40. How can environmental protection be viewed as both a moral value and a global responsibility? Analyse. (CO4 BTL-HOT ANALYSE)

SUMMARY SHEET

CO Wise

CO	Q. No	Marks
CO1	Q.3,5,7,9,13,18,19,26,28	19
CO2	Q. 6,8,10,14,20,21,22,29,30,31	25
CO3	Q.11,12,23,24,25,27,32,33,34	27
CO4	Q. 1,2,15,16,35,36,37,38,39,40	46
Total		117

Unit Wise

UNIT	Q. No	Marks
UNIT 1	Q.1,2,3,4,17,18,19,26,27,28	24
UNIT 2	Q. 5,6,7,8,20,21,22,29,30,31	25
UNIT 3	Q.9,10,11,12,23,24,25,32,33,34	25
UNIT 4	Q. 1,2,15,16,35,36,37,38,39,40	46
Total		117

Blooms Taxonomy Level (BTL) Wise

BTL	Q. No	Marks
LOT	Q. 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25	40
HOT	Q. 26,27,28,29,30,31,32,33,34,35,36,37,38,39,40	67
Total		117

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Disclaimer: - This is a Practice Set. The Question in End term examination will differ from the Practice set. This Practice set is meant for practice only.